

# REGIONAL CHAMPIONS by EVENT

## Pole Vault:

|      |                 |       |
|------|-----------------|-------|
| 1990 | Derek Means     | 14'3" |
| 1993 | Ron Garmon      | 13'6" |
| 1999 | John Crumpacker | 14'3" |
| 2002 | Ray Scotten     | 16'0" |
| 2003 | Jared Jackson   | 14'3" |
| 2006 | Alandous Briggs | 14'6" |



## High Jump:

|      |           |        |
|------|-----------|--------|
| 2005 | John Tate | 6'8.5" |
| 2006 | John Tate | 6'6"   |

## Long Jump:

|      |                  |          |
|------|------------------|----------|
| 1989 | Robert Leeks     | 23'5.75" |
| 1996 | Davyd Cash       | 21'5.25" |
| 2005 | Daryl Pervine    | 22'8.25" |
| 2006 | Keenan Hall      | 24'4.75" |
| 2008 | Rapheal Williams | 23'2.5"  |

## Shot Put:

|      |                |       |
|------|----------------|-------|
| 2001 | Garland Porter | 60"0" |
|------|----------------|-------|

## Discus:

### 100m:

|      |                 |       |
|------|-----------------|-------|
| 1994 | Devon Doss      | 10.91 |
| 1999 | Jeremy Chandler | 11.08 |
| 2008 | Matt Terrell    | 10.65 |
| 2009 | Matt Terrell    | 10.58 |
| 2010 | Jerry Wilson    | 11.04 |

### 200m:

|      |                  |       |
|------|------------------|-------|
| 2003 | Bruce Williams   | 21.81 |
| 2006 | Rapheal Williams | 22.34 |
| 2008 | Matt Terrell     | 21.46 |
| 2009 | Matt Terrell     | 21.83 |

### 400m:

### 800m:

|      |                |         |
|------|----------------|---------|
| 2001 | Aaron Crawford | 1:55.42 |
|------|----------------|---------|

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## 1600m:

|      |                |         |
|------|----------------|---------|
| 1985 | Scott Williams | 4:16.19 |
| 1991 | Jon Deal       | 4:20.1  |
| 1997 | Fasil Bizuneh  | 4:22.25 |
| 1998 | Fasil Bizuneh  | 4:21.57 |
| 2002 | Matt Kinley    | 4:26.12 |



## 3200m:

|      |                  |                 |
|------|------------------|-----------------|
| 1973 | Dave Stratton    | 9:24.5 (2 mile) |
| 1985 | Scott Williams   | 9:19.49         |
| 1990 | Bryan Huston     | 9:12.32         |
| 1991 | Fried Rademacher | 9:33.5          |
| 1992 | Fried Rademacher | 9:31.16         |
| 1996 | Fasil Bizuneh    | 9:31.65         |
| 1997 | Fasil Bizuneh    | 9:35.85         |
| 1998 | Fasil Bizuneh    | 9:28.97         |
| 2000 | Mike Skiles      | 9:30.55         |



## 110HH:

|      |             |       |
|------|-------------|-------|
| 2009 | Robert Rose | 14.39 |
|------|-------------|-------|

## 300IM:

|      |                 |       |
|------|-----------------|-------|
| 2001 | Kevin Kempf     | 38.57 |
| 2006 | Keenan Hall     | 38.31 |
| 2008 | Brandon Newbern | 38.21 |
| 2009 | Robert Rose     | 38.79 |
| 2010 | D'Quan Ruth     | 39.14 |

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## 4x100m:

|      |  |       |
|------|--|-------|
| 1991 | Tyree Abney, Steve Holman<br>Orlando Ward, Butchie Harris  | 42.8  |
| 1999 | Marcus lee, Erick Armstrong<br>Jeremy Chandler, Jesse Avant  | 42.22 |
| 2000 | Marcus Lee, Erick Armstrong<br>Jeremy Chandler, RJ Corbin  | 42.05 |
| 2003 | Michael Richardson, Todd Barnard<br>Bo Thompson, Bruce Williams  | 41.79 |
| 2007 | CJ Stewart, Matt Terrell<br>Raphael Williams, Lavarus Williams   | 41.82 |
| 2008 | Colin Hester,<br>Matt Terrell,<br>Raphael Williams,<br>Lavarus Williams<br><i>meet record</i><br>41.49 |       |



|      |  |       |
|------|--|-------|
| 2009 | Colin Hester, Anthony Kimmons<br>Jeroboam Wilson, Matt Terrell | 41.89 |
|------|--|-------|

## 4x400m:

|      |   |         |
|------|---|---------|
| 2002 | Darius Robinson, James Banks<br>Marcus Cooksey, Kevin Kempf     | 3:18.69 |
| 2007 | Brian Martin, Robert Rose<br>Raphael Williams, Lavarus Williams | 3:22.21 |
| 2008 | Brian Martin, Nick Sefton<br>Brandon Newbern, Robert Rose       | 3:18.48 |
| 2009 | D'Quan Ruth, Casey Rice<br>Trey Sutton, Robert Rose             | 3:22.60 |

## 4x800m:

|      |   |         |
|------|---|---------|
| 1997 | Johnny Smith, Derek Eaton<br>Brian Garden, Brad Bernhardt     | 8:04.77 |
| 2008 | Trey Sutton, Nick Sefton<br>Brian Martin, Derrick Orea        | 8:00.72 |
| 2010 | Brian Allen, Luke Brahm<br>TraiShaun Johnson, Amanuel Medhane | 7:51.27 |